



Individual Action Plan Opportunities and Frustrations Worksheet

Please be as specific as possible in the development of your Action Plan as this will help ensure your success! Be prepared to present your action plan in class in the form of an elevator speech and poster board display during session 7; a requirement to graduate. Use the below chart to help you brainstorm your action plan focus and chances of success.

NAME: _____

Personal Frustrations/ Observed Opportunities

Realm of Influence

Action Plan Ideas

